

Date: _____



Extended Minor Surgery Service

ADVICE FOLLOWING ASPIRATION OF GANGLION

Keep dressing dry and in place for 24 hours.

Please refrain from having a shower until the dressing is removed and then shower normally.

Should you experience any pain or discomfort, painkillers such as Paracetamol, Ibuprofen should be effective.

If any untowards bleeding should occur apply pressure to the wound for 10 to 15 minutes until the bleeding has stopped. Should you be unable to stop the bleeding either contact your own GP surgery, ourselves on 01225 898015 or ring Out of Hours or your local MIU.