

Date: _____



Extended Minor Surgery Service

ADVICE FOLLOWING EXCISION OF A LESION

Keep dressing dry and in place for at least two days.

If you wish to shower you may remove the dressing after two days – unless otherwise advised – and shower normally.

There is no need to recover the wound as a plastic wound spray has been applied to protect the wound. However you may wish to do so if you find the stitches are catching or rubbing on your clothing.

If the wound is on your scalp and you feel like you need to wash your hair, it is better to wash it as soon as you get home and then not to wash it for three days to allow time for the wound to heal.

Should you experience any pain or discomfort, painkillers such as Paracetamol or ibuprofen should be effective.

If any untoward bleeding should occur apply pressure to the wound for 10-15 minutes until the bleeding has stopped. Should you be unable to stop the bleeding either contact your own GP surgery, ourselves on 01225 898015 or ring Out of Hours or your local MIU.

Please make an appointment with the nurse at your own GP surgery for the sutures to be removed.

Dear Colleague

Please could you remove this patient's sutures afterdays.

Thanks