



Spa Medical Centre Newsletter September 2018



WELCOME TO ISSUE TWO OF OUR QUARTERLY NEWSLETTER

Welcome to Issue 2 of our newsletter.

We've enjoyed a glorious summer and hope there are still several weeks of sunshine ahead of us. Looking towards autumn we'll be turning our minds towards flu vaccinations and getting out in the fresh air at our local parkrun.

WE'RE A PARKRUN PRACTICE!



We are delighted to announce that **we are now an official parkrun practice**. The first practice in Wiltshire to register!

parkrun UK have launched a new initiative with the Royal College of General Practitioners to encourage practices to develop close links with their local parkrun and promote the benefit of taking part.

Our GP's already signpost to activities, including parkrun, that benefit your physical and mental health and we'll be working closely with Melksham parkrun to create a supportive environment for people who may be new to it.

If you'd like any additional information, please email our parkrun coordinator, cheryl.attrill@nhs.net

INTRODUCING...

We are delighted to welcome **Dr Amy Gately** to the practice as our new GP Registrar.

Dr Gately studied at Liverpool and the Wirral before completing her Core Medical Training and MRCP in London.



She has a particular interest in oncology and haematology. Outside work she enjoys cycling, running and is aiming to do a triathlon.

DON'T FORGET TO CANCEL!

Forgetting to cancel your appointment prevents someone else being seen. Ask our reception team about the best ways to cancel an appointment and make sure they have your up to date contact details.

You can phone us on 01225 898006 or text us on 07955 392877 to cancel your appointment.

Or **sign up for online access** and cancel online!



In just one year, we have had

over 2000

missed appointments.

SEASONAL VACCINATIONS 2018

NEW APPOINTMENTS AVAILABLE ONLINE



Our 2018 seasonal vaccination programme will be commencing with a series of Saturday morning clinics taking place on:

6th October 2018
20th October 2018
10th November 2018

If you are eligible for flu, pneumonia or shingles vaccination, these clinics will be available to book from September 10th.

We'll be posting information in the surgery and on our website explaining who is eligible in the coming weeks.

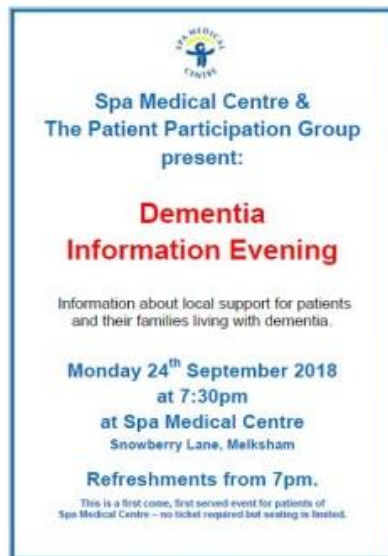
SPA PATIENT PARTICIPATION GROUP (PPG)

September marks the 7th World Alzheimers Month so to support our patients, the PPG will be running an information evening on the topic of Dementia.

Monday
24th September
7:30pm

Come and meet your local dementia team, find out how we can support you if you are caring for someone with dementia and sign up to become a Dementia Friend. No ticket required but places are limited.

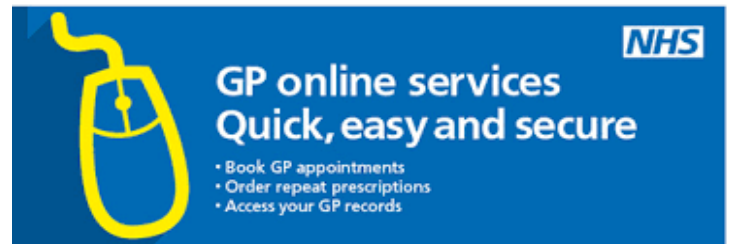
The PPG are still looking for new members for their 'virtual' group. Application forms to join the PPG are available from Reception or online. We'd love to hear from you.



Did you know you can now book your asthma and diabetes reviews online?

Or your INR appointment?

Ask reception for an online services registration pack and sign up!



Meet the team!



Name:	Dr Elizabeth Williamson
Position at Spa:	Associate GP
Length of service:	5 years
Favourite thing about the job?	The people! My colleagues are a brilliant team.
Hobbies/interests?	Knitting, crochet, keeping pigs and morris dancing
If you didn't work at Spa what would your dream job be?	It would involve running a small holding & knitting!

Finally, please help us to help you by choosing wisely when it comes to seeking advice.

We will always do our best to help and our same day appointment system remains unchanged.

